

Do you know?

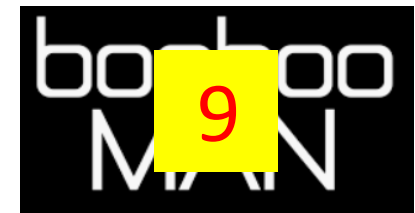
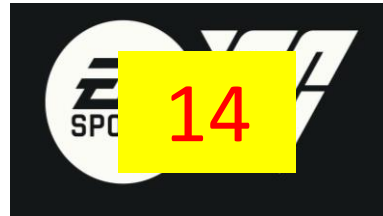
Which **one** of these teams was founded by a church during the 19th century?

Which **two** of these teams were founded by factories during the 19th century?



Sponsorship Quiz

1. German National football team
2. England netball
3. Katarina Johnson Thompson
4. Lewis Hamilton
5. England Rugby
6. London Marathon
7. Manchester City
8. Novak Djokovic
9. Luke Littler
10. NFL
11. British Rowing
12. Tom Daley
13. Jack Grealish
14. Premier League



MONEY PETRONAS

**FURZE
PLATT**
SENIOR SCHOOL



AQA - A Level PE Open Evening 2025

AMBITIOUS

COLLABORATIVE

HAPPY

INTEGRITY

ENDURANCE

VERSATILITY

EXCELLENCE

Are you...

Intrigued by success and failures in sport and physical activity?

Excited to improve your own performance?

Fascinated by the application of technology in sport?

Have you...

Ever wondered why some athletes perform better than others?

Been curious as to what makes an elite athlete tick?

Been inquisitive as to why the body reacts the way it does during physical activity?

Yes?

Then A level PE is for you....

Many opportunities for career and further education...

- Physiotherapist
- Sports Scientist
- Coach
- Nutritionists
- Official
- Teacher
- Sports Therapist
- Sports Massage
- Sports Psychologist
- Personal Trainer
- Broadcaster
- Sports Journalism
- Sports Development Officer
- Talent Identification
- Strength and Conditioning Coach
- Sports Manager
- Sports Marketing
- Athlete
- Sports Lawyer
- Occupational Health

What does the qualification include?

- 2 written examinations
- 1 practical performance
- 1 written analysis of performance.

Paper 1

Factors affecting participation

What's assessed

Section A: Applied anatomy and physiology

Section B: Skill acquisition

Section C: Sport and society

How it's assessed

- Written exam: 2 hours
- 105 marks
- 35% of A-level

Questions

- Section A: multiple choice, short answer and extended writing (35 marks)
- Section B: multiple choice, short answer and extended writing (35 marks)
- Section C: multiple choice, short answer and extended writing (35 marks)

What's assessed

Section A: Exercise physiology and biomechanics

Section B: Sport psychology

Section C: Sport and society and technology in sport

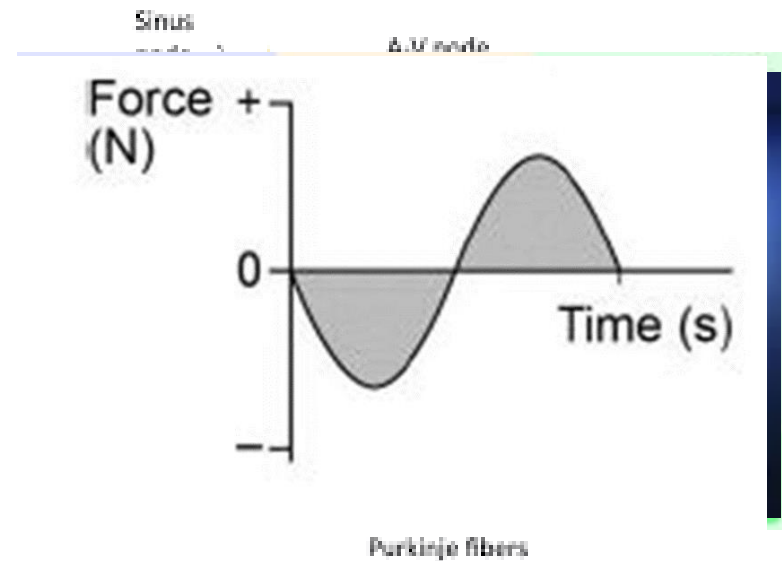
How it's assessed

- Written exam: 2 hours
- 105 marks
- 35% of A-level

Questions

- Section A: multiple choice, short answer and extended writing (35 marks)
- Section B: multiple choice, short answer and extended writing (35 marks)
- Section C: multiple choice, short answer and extended writing (35 marks)

Impulse



Leadership



Section C

Talent ID



Example Exam Questions

Andy Murray won the 2013 Wimbledon Men's Tennis Final. During the match he completed a variety of strokes and a series of rallies, which varied in length.

Outline how the force of muscle contraction can be varied to ensure that skills are executed correctly.

(Total 8 marks)

Explain the role of the atrioventricular node in the cardiac conduction system.

(Total 3 marks)

The photograph below shows a gymnast performing a leap as part of a beam routine.



Analyse how the gymnast is able to perform this explosive movement successfully.

Refer to Newton's Laws of linear motion **and** the recruitment of muscle fibres in your answer.

A batsman in cricket may face a bowler who can deliver the ball at over 90mph. The batsman therefore needs to take in information and process it very quickly.

Analyse how the input stage of information processing will differ between an international and a local club batsman **and** explain how a coach can adapt the strategies to improve selective attention to each player's level of ability.

(Total 15 marks)

The industrial and post-industrial period (1780–1900) saw an increase in the spread of rationalised sport throughout Britain.

Analyse the impact of the following factors on the spread of Association Football in Britain:

- the church
- local authorities
- transport
- communication.

You may use this space to plan your answer.

Figure 4 shows a rugby player preparing to kick a conversion during an important game.

Figure 4



The player is having negative thoughts about the kick. He is also experiencing increased heart rate and muscular tension.

Evaluate the use of visualisation **and** centering by the rugby player to ensure the kick is successful.

[8 marks]

Non-exam assessment (NEA)

Practical performance in physical activity and sport.

What's assessed

Students assessed as a performer or coach in the full sided version of one activity.

Plus:

written/verbal analysis of performance.

How it's assessed

- Internal assessment, external moderation
- 90 marks
- 30% of A-level

Example...



- You are assessed in your performance in 1 sport. See accredited sports list on the following slide.
- The written aspect includes your ability to analyse performance – highlight a weakness and then plan to improve that weakness. Evaluate and analyse the impact of plan on your performance. Exemplar work can be seen if you follow this link...

<https://filestore.aqa.org.uk/resources/pe/AQA-7582-GP-EX.PDF>

To find the specification...

- <https://filestore.aqa.org.uk/resources/pe/specifications/AQA-7582-SP-2016.PDF>



Department for Education Accredited Sports



Accredited Sports List – correct as of September 2020

- Amateur boxing
- Association football *Cannot be five-a-side or futsal.*
- Athletics *Can be assessed in one event from the disciplines of either Track or Field. Race walking and cross country are not a permitted Athletics events.*
- Badminton
- Basketball *Cannot be 'street basketball'.*
- Camogie
- Canoeing
- Cricket
- Cycling *Track or road cycling only.*
- Dance *Acceptable dances include: ballet, ballroom, contemporary/modern, hip-hop, jazz, salsa, street, tap.*
- Diving Platform diving.
- Equestrian *Can be assessed in either show jumping, cross country or dressage*
- Figure Skating
- Futsal.
- Gaelic football
- Golf
- Gymnastics *Floor routines and apparatus only.*
- Handball
- Hockey *Must be field hockey.*
- Ice Hockey
- Inline Roller Hockey.
- Hurling
- Kayaking
- Lacrosse
- Netball
- Rock climbing *Can be indoor or outdoor.*
- Rowing
- Rugby league *Cannot be tag rugby.*
- Rugby union *Can be assessed as sevens or fifteen a side. Cannot be tag rugby.*
- Sailing
- Sculling
- Skiing *Outdoor/indoor on snow. Must not be dry slopes.*
- Snowboarding *Outdoor/indoor on snow. Must not be dry slopes.*
- Squash
- Swimming *Not synchronised swimming.*
- Table tennis
- Tennis
- Trampolining
- Triathlon *sprint only*
- Volleyball
- Water polo
- Windsurfing

Specialist physical activity*

- Blind cricket
- Boccia
- Goal ball
- Powerchair football
- Polybat
- Table cricket
- Wheelchair basketball
- Wheelchair rugby

How is it delivered...

- Majority is delivered in the classroom.
- Some aspects of theory are delivered through practical lessons.
- **Due to the nature of the practical assessment it is strongly encouraged that students be participating in sports outside of school.**

New this year...

Before being accepted onto this course, we required a signed declaration from your coach to confirm your current and ongoing participation in a sport and details as to the standard at which you compete.

To be successful...

- Participate in sport to a high level.
- Watch a variety of sports regularly.
- Be willing to work outside the classroom.