

Exam Board: N/A
Qualification: N/A
Assessment Information: N/A
Link to official specification: N/A

Department Information:
PSHE is taught to all students in years 7 to 13 weekly as part of the tutor programme and includes Personal, Social, Health and Economic Education (PSHE), Relationships and Sex Education (RSE), Citizenship, and Careers Education. RSE became compulsory for all schools as of September 2020.

ACHIEVE in the curriculum:
Students are expected to be ambitious in their studies as they collaborate with their peers through a variety of topics throughout the curriculum. This course enables students to demonstrate their integrity, endurance and versatility when it comes to difficult topics or various viewpoints throughout each module.

Curriculum Aims & Intent:
The aim is to broaden students' Spiritual, Moral, Social and Cultural development throughout each topic. Some topics may have specific skills being learnt. Year 11 will spend a lot of time exploring Careers and future choices,

Resources:
*Students will need access to a laptop at various points throughout the course.
 All resources are on FPcloud for staff*

How we keep parents informed:
Year 11 - Progress reports are published 4 times per year, in October, December, February and March, students will have an A2L grade for PSHE.

How parents can help their child:
Support with attending college and Sixth Form open days/evenings – linked to careers education.

What we study and when:

Term	Unit	Knowledge, Understanding & Skills Developed	ACHIEVE / Personal Development Focus	How The Work Is Assessed	Careers Links
1	Mental Wellbeing	This topic is part of the statutory guidance for health education. Pages 35-8 outlines how physical and mental wellbeing should be taught in Secondary school. Students wellbeing education should focus on “enabling pupils to make well-informed, positive choices for themselves” – this topic will look at treatment and support for different mental illnesses. This will link to students being given the steps to “protect and support their own health and wellbeing”. This topic will build on the work on physical and mental wellbeing taught in year 10 – in year 10 students looked at the link between physical and mental wellbeing as well as the benefits of sufficient sleep and good nutrition. This again builds on the work from KS3 where students have looked at the relationship between good physical health and good mental wellbeing as well as strategies for building resilience. Students will be taught how to “judge when they, or someone they know, needs support and where they can seek help if	Happy – Students will look at the link between happiness and good mental health, and how happiness is linked to being connected to others. Integrity – important throughout this topic.	AfL in lessons.	Mental wellbeing jobs, NHS, charity work etc.

		they have concerns". As part of this topic students will be taught each bullet point in the mental wellbeing table.			
2	Careers Education	<p>This topic is a continuation from year 10 and allows students to do the following across the two years:</p> <ul style="list-style-type: none"> Options available after Year 11 (FPSS Sixth Form, college, apprenticeships) Individual research into options available Looking ahead – university research Applications for post-16 options Careers research, Labour Market Information Financial aspects – salaries, deductions, budgeting CVs and personal statements <p>This topic allows students the independence to research their post-16 options. Moreover, with the support from staff in their application to Sixth Form, college or apprenticeships. Students will research via a range of websites, including but not limited to, unifrog, National Careers Service and Eclips. Students will be prepped ahead of FP's Sixth Form open evening.</p>	Ambitious, collaborative, integrity, excellence – independent research, working with staff, applying for post-16 options.	Students will have applied somewhere for post-16 studies.	This is a careers module
3	Relationships and Sex Education	<p>"All schools will be required to teach RSE and have regard to the statutory guidance from September 2020" (DFE 2018)</p> <p>Students will explore relationships and consent (linking to the teaching of consent over the past 5 years), they will explore fertility, then the law and sending images/videos, including revenge porn. Students will also have DASH (Domestic Abuse Stops Here) in.</p>	Integrity	AfL	DASH workers discuss their role
4	Life skills and revision techniques	<p>This topic will run as we head into exam season. Students will explore procrastination and how to tackle this, the importance of not plagiarising, how to problem solve, and explore the legality and issues of online gambling. We will have a visit from the Youth Substance Misuse Team during this topic – they will explore substance misuse and vaping.</p>	Integrity and endurance	AfL	