

**Department Information:**

*Our principal aim is to develop the sporting abilities, health and well-being of every student at Furze Platt. We strive for our students to adopt sporting values and develop a life-long love of sport and physical activity. Whether it be embracing competition in the numerous sports teams or developing an understanding of exercise that will benefit health for life, PE at Furze Platt is accessible to all.*

**Extra-curricular**

*We are proud to offer a broad extra-curricular provision that enables students to participate in traditional sports and more alternative sports such as fitness, table tennis and volleyball. Extra-curricular offerings change each term to provide students with variety throughout the year. In addition to our termly inter-house sporting competitions, the school also enters all sports teams into both league and cup competitions so that competitive fixtures are regular throughout the year. We also enter teams into regional athletics meets in the summer term. These fixtures enable many of our students to gain recognition at district and county level.*

**Leadership Opportunities**

*For students in Year 9 to Year 13, there is the yearly opportunity to apply to become a Furze Platt Sports Leader. This popular role allows students to develop essential life skills such as leadership, teamwork, planning and organisation, coaching and officiating all while supporting the PE department. Recent events led by our Sports Leaders include the whole school Sport Relief Mile, a Primary School netball festival that was attended by 10 local Primary Schools and the introduction of the Furze Platt Sport Review termly newsletter.*

**ACHIEVE in the curriculum:**

*ACHIEVE is embedded in all of our activities within PE. For example, students are given the opportunity to show integrity by being gracious in defeat and victory, demonstrating a respect for the rules of a sport and showing respect towards opposition and teammates.*

**Curriculum Aims & Intent:**

*Our aim is for students to develop competence and confidence in a range of physical activities that will enable them to lead healthy, active lifestyles.*

*Students should develop an attitude to competition that includes displaying sportsmanship, integrity, teamwork, resilience and leadership.*

*At KS4, we understand that students have experienced a broad range of sports and will have those that they enjoy. We have developed a 'choice' based system for KS4 Games where students are given 6 sports/activities each half term and they then choose the activity that they wish to study for that term. The intent is that students will then continue to develop their confidence in that sport/activity and pursue it either recreationally or competitively post education.*

**Resources:**

*Furze Platt PE kit as per school [uniform policy](#)*

*N.B. Students are allowed to wear sports leggings and tracksuit bottoms.*

**How we keep parents informed:**

*Year 11 - Progress reports are published 4 times per year, in October, December, February and March, with a face-to-face parents' evening in October.*

**How parents can help their child:**

*The best way to develop confidence and physical literacy within sport is to regularly get active! Children should be getting '60 active minutes a day'. Could you go on a family bike ride? Could you go swimming at the weekends. Could you go on a long bike ride together?*

*Parents can also help support students in preparing for the lesson by ensuring they have their full PE kit for each lesson and any special sport specific equipment required e.g. gumshields for hockey and rugby.*

*We ask that parents also make staff aware of any medical/personal information that they feel may impacts a students' ability to take part in their lessons such as injuries to allow staff to adapt activities/lesson to meet the needs of all students.*

**What we study and when:**

<b>Term</b>	<b>Unit, Topic Or Summary Of Work Covered</b>	<b>Knowledge, Understanding &amp; Skills Developed</b>	<b>ACHIEVE / Personal Development Focus</b>	<b>How The Work Is Assessed</b>	<b>Careers Links</b>
<b>1</b>	<i>Students are offered a choice of 6 activities each half term and select one</i>	Students will advance their knowledge, understanding and performance within their choice of activity. Within this, they will be given the opportunity and encouraged to adopt various roles including but not limited to performer, coach, official, captain and performance analyst.  Choices: Rugby, Netball, Hockey, OAA, Fitness and Badminton.	Students will be encouraged to display all of our ACHIEVE values throughout all activities for example	Students' practical performances are assessed by ongoing staff observations and student demonstrations.	<ul style="list-style-type: none"> <li>• Officiating</li> <li>• Coaching</li> <li>• Performance Analysis</li> <li>• Leadership</li> <li>• Personal Training</li> </ul>
<b>2</b>	<i>activity (and one reserve) that they wish to study for that half term.</i>	Students will advance their knowledge, understanding and performance within their choice of activity. Within this, they will be given the opportunity and encouraged to adopt various roles including but not limited to performer, coach, official, captain and performance analyst.  Choices: Football, Fitness, Table Tennis, Just Dance, Indoor Basketball and Flag Football *	demonstrating integrity by respecting the rules of the sport(s) and showing collaboration by working within a team/group.	Students' knowledge and understanding are assessed using Q&A and group discussions embedded within lessons.	<ul style="list-style-type: none"> <li>• Sports Scientist</li> <li>• Professional Performer</li> </ul>
<b>3</b>		Students will advance their knowledge, understanding and performance within their choice of activity. Within this, they will be given the		Students are also judged on their	

	<p>opportunity and encouraged to adopt various roles including but not limited to performer, coach, official, captain and performance analyst.</p> <p>Choices: Football, Dodgeball, Fitness, Ultimate Frisbee, Just Dance and Table Tennis *</p>	<p>Students will develop an appreciation and understanding of equality in sport, and all should develop confidence and respect in a fully inclusive environment.</p>	<p>approach to their learning within Games (these scores will feature on reports).</p>	
4	<p>Students will advance their knowledge, understanding and performance within their choice of activity. Within this, they will be given the opportunity and encouraged to adopt various roles including but not limited to performer, coach, official, captain and performance analyst.</p> <p>Choices: Basketball, Handball, Softball, Fitness, Benchball, Fitness Classes (Zumba, Spinning etc.).*</p>			
5	<p>Students will advance their knowledge, understanding and performance within their choice of activity. Within this, they will be given the opportunity and encouraged to adopt various roles including but not limited to performer, coach, official, captain and performance analyst.</p> <p>Choices: Rounders, Cricket, Athletics, Fitness, Tennis*</p>			
6	<p>Students will advance their knowledge, understanding and performance within their choice of activity. Within this, they will be given the opportunity and encouraged to adopt various roles including but not limited to performer, coach, official, captain and performance analyst.</p> <p>Choices: Rounders, Tennis, Softball, Pair Cricket, Fitness*</p>			

*\*Offerings may change as student feedback is gathered regarding the sporting activities they would like to be available.*