

Department Information:

We pride ourselves in delivering a fully inclusive, gender-neutral curriculum where all students are taught and assessed in the following sports: rugby, movement, football, netball, basketball, table tennis, handball, fitness training, athletics, tennis, striking & fielding.

ACHIEVE in the curriculum:

ACHIEVE is embedded in all of our activities within PE. For example, students are given the opportunity to show integrity by being gracious in defeat and victory, demonstrating a respect for the rules of a sport and showing respect towards opposition and teammates.

Curriculum Aims & Intent:

Our aim is for students to develop competence and confidence in a range of physical activities that will enable them to lead healthy, active lifestyles.

Students should develop an attitude to competition that includes displaying sportsmanship, integrity, teamwork, resilience and leadership. We hope that students will discover their love for a sport(s) and continue to pursue this at extra-curricular activities and outside of school.

Resources:

[Year 9 Activity Rotation](#)

Furze Platt PE kit as per school [uniform policy](#)

How we keep parents informed:

Year 9 - Progress reports are published 4 times per year, in October, December, March and July, with a face-to-face parents' evening in January. GCSE Options Evening is also in January.

How parents can help their child:

Support students in preparing for the lesson by ensuring they have their full PE kit for each lesson and any special sport specific equipment required e.g. gumshields for hockey and rugby.

We ask that parents also make staff aware of any medical/personal information that they feel may impact a student's ability to take part in their lessons such as injuries to allow staff to adapt activities/lesson to meet the needs of all students.

What we study and when:					
Term	Unit, Topic Or Summary Of Work Covered	Knowledge, Understanding & Skills Developed	ACHIEVE / Personal Development Focus	How The Work Is Assessed	Careers Links
1 & 2	Class groups rotate through activities as per the 'Year 9 Activity Rotation' document linked in resources.	<p>Students will develop their knowledge, understanding and performance of sport specific skills as below:</p> <p>Rugby: Ball handling, passing, tackling, intro to rucking, intro to maul, intro to scrum, game play.</p> <p>Netball: Passing and receiving, footwork, attacking principles, dodging, defensive principles, game play.</p> <p>Football: Ball control, dribbling, passing and receiving, shooting, attacking principles, defensive principles, game play.</p> <p>Hockey: Dribbling and movement with the ball, passing and receiving, defending, attacking, conditioned games and competitive game play.</p> <p>Table Tennis: Push (backhand), drive (forehand), service, singles/doubles, shot selection and game play.</p> <p>Basketball: Passing/triple threat/dribbling, shooting, lay-up, attacking positioning, defensive positioning and game play.</p> <p>Volleyball: Digging, Serves (underarm and overarm), smash/spike, combinations, game play.</p> <p>Tactical principles will also be entwined throughout all lessons.</p>	<p>Students will be encouraged to display all of our ACHIEVE values throughout all activities for example demonstrating integrity by respecting the rules of the sport(s) and showing collaboration by working within a team/group.</p> <p>Students will develop an appreciation and understanding of equality in sport, and all should develop confidence and respect in a fully inclusive environment.</p>	<p>Students' practical performances are assessed by ongoing staff observations and student demonstrations.</p> <p>Students' knowledge and understanding are assessed using Q&A and group discussions embedded within lessons.</p> <p>Students are also judged on their approach to their learning within Games (these scores will feature on reports).</p>	<ul style="list-style-type: none"> • Officiating • Coaching • Performance Analysis • Leadership • Personal Training • Sports Scientist • Professional

<p>3 & 4</p>	<p>Students will develop their knowledge, understanding and performance of sport specific skills as below: Football: <i>As above.</i> Basketball: <i>As above.</i> Handball: Passing and receiving, dribbling, defending, attacking, shooting, game play. Table Tennis: <i>As above.</i> Fitness: Cardiovascular exercise, fixed weights exercise, cable machines/body weights/free weight exercise, resistance training, circuit training, interval training and planning a training programme. Multi-skills: Students will participate in a variations of alternative activities including just dance, ultimate frisbee etc. Volleyball: <i>As above.</i></p> <p>Tactical principles will also be entwined throughout all lessons.</p>			
<p>5 & 6</p>	<p>Students will develop their knowledge, understanding and performance of sport specific skills as below: Athletics: <i>The order in which these disciplines are delivered will be dependent on the weather due to health and safety.</i> Throwing (javelin, shot putt), jumping (long jump and triple jump (boys only), sprinting (75m, 250m and relay) and long-distance running (600m and 1000m). Tennis: Forehand, backhand, serving, doubles, net shots and game play. Striking & Fielding: Students will learn the following skills across a variety of striking and fielding activities including rounders, cricket and softball. Throwing, catching, bowling, batting, fielding and competitive game play. Table Tennis: <i>As above.</i></p> <p>Tactical principles will also be entwined throughout all lessons.</p>			