

Steri-strips Aftercare Advice

Take your child to the emergency department if they:

- have a fever
- You see red streaks on their skin starting at the wound.
- the wound has a foul smell or is draining fluid or pus.
- the wound is red, swollen, and warm to the touch.
- the wound opens or comes apart.

How to care for the wound after steri-strips have been applied:

- **Do not bathe** for 24 hours. Keep the wound dry and clean around the area, this may involve hanging the affected area out of the bath.
- **Only remove the steri-strips after 5 days. Do not** remove them early, even if they are causing itching or discomfort. If you are directed to remove the steri-strips, pull gently. You might cause the wound to open if you pull hard. Hold the skin down as you slowly and gently remove the strips.
- **Do not scrub or pick at the steri-strips.** This can cause your wound to open. Trim the edges of the strips if they start to curl. Then press the ends firmly onto your skin.

How to remove steri-strips:

1. **Do not remove** strips for 5 days to allow the wound underneath to heal properly.
2. Soak wound and strips in cool boiled water either by submerging the affected area in the water or using a cotton wool ball to dab on the area.
3. Once the wound has been fully saturated the strips will come away from the skin with ease.