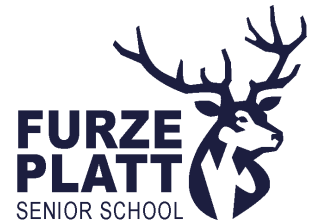


COUNSELLING AND SUPPORT SERVICES



In this time of uncertainty students and families may be looking for further support which can be accessed online and via the phone.

Our school counsellors will be operating a call back service, open to any pupil or member of staff. This will be a space for anyone to talk about anything that is bothering them. They will be available term time during the school closure period and will be operating 4 days a week. If you would like a call back please email counsellors@furzeplatt.net

There are also many local organisations who are still operating phone or web services:

- www.familylives.org.uk (0208 800 2222) - Parenting and family support
- www.parentingspecialchildren.co.uk (0118 9863532) - Support for families with children with SEN
- www.pacip.org (Parents and carers in partnership) - Support and advice for families of children with SEN or disabilities
- www.theautismgroup.org.uk - Support for families with children with autism
- www.autismberkshire.org.uk 01189 594594 - Support for families with children with autism
- www.thedashcharity.org.uk (01753 549865) - Support for families who have experienced domestic abuse
- www.youngminds.org.uk (0808 8025544) - Mental Health support
- www.nhs.uk - Health advice and guidance
- www.citizensadvice.org.uk (03444 111444) - Support people with money, legal, consumer and other problems
- www.rbwm.gov.uk (01628 683800)· RBWM Single point of access (01628 683150) - Emergency Duty Team Out of hours (01344 786543)
- www.careforthefamily.org.uk (0292 0810800) - A wide range of support for families
- www.daisysdream.org.uk (0118 9342604) - Support for families who have experienced bereavement or are affected by terminal illness · www.rbwm.afcinfo.org.uk Information and Advice Service (01628 683182)
- www.relate.org.uk - offers counselling services for every type of relationship nationwide
- www.cruse.org.uk - Support for families who have experienced bereavement
- www.number22.org - Counselling services in Windsor and Maidenhead
- www.tvfms.org.uk - Thames Valley Family Mediation Services
- http://foodshare.today/ - Food bank in Maidenhead
- www.kooth.com - safe, free and anonymous support for young people
- www.childline.org.uk (0800 1111) - offers free, private and confidential service for young people 24/7.
- papyrus-uk.org 0800 068 4141 - national charity dedicated to the prevention of young suicide
- [On my mind](#) - make informed choices on mental health and wellbeing
- [Shout](#) Text 85258 - 24/7 text service for anyone in crisis anytime, anywhere
- [Samaritans](#) 116 123. Free 24/7 one to one helpline. You can also text jo@samaritans.org (response time 24 hours)
- [Triple P Parenting](#) For parents who need support