

Curriculum and Assessment Map

Subject - Physical Education

Key Stage 4

EDEXCEL GCSE Physical Education

GCSE PE Edexcel		Term 1 (September-October)	Term 2 November- December)	Term 3 (January – February)	Term 4 (February-March)	Term 5 (April-May)	Term 6 (June-July)
Year 1	What students will study¹	Paper 2 Physical, emotional and social health. Lifestyle. Diet. Dietary manipulation for sport. Optimum Weight	Paper 1 Skeletal System, functions, classifications, structure.	Paper 1 Muscular System, functions, classifications, structure	Paper 1 Cardiovascular System, structure, performance.	Paper 1 Respiratory System, Functions, structure, performance.	Paper 1 Energy Sources Long answer development Year over view
	Formal assessment²	Paper 2 Past papers and exam questions in class.	Paper 1 Past papers and exam questions in class.	Paper 1 Past papers and exam questions in class. Practical Continual assessment	Paper 1 & 2 Year 9 mock examinations Practical Continual assessment	Paper 1 Past papers and exam questions in class. Practical Continual assessment	Paper 1 & 2 Past papers and exam questions. Practical Continual assessment
Year 2	What students will study	Paper 1 Lever Systems Joints	Paper 2 Goal Setting Skill continua Practice	Paper 2 Types of guidance Feedback	Paper 1&2 PAR-Q Warm Up and Cools Downs Components of fitness	Paper 1 Fitness Tests Principles of training Methods of training	Paper 1 PEP Year 1&2 overview
	Formal assessment	Paper 1 Past papers and exam questions in class. Practical Continual assessment	Paper 2 Past papers and exam questions in class. Practical Continual assessment	Paper 2 Past papers and exam questions in class. Practical Continual assessment	Paper 1&2 Past papers and exam questions in class. Practical Continual assessment	Paper 1 Past papers and exam questions in class. Practical Continual assessment	Paper 1 & 2 Year 10 mock examinations Practical Continual assessment

¹ This information is taken from the exam specification, where relevant.

² This consists of any assessment that contributes to the attainment or progress grades reported to parents.

Year 3	What students will study	Paper 1 Long term training effects on musculo-skeletal system and cardio-respiratory system. PEP continuation	Paper 1 Injury identification and prevention. Performance enhancing drugs. PEP continuation	Paper 2 Factors impacting participation. Data PEP continuation	Paper 2 Commercialisation of sport. Sporting behaviours and deviance. Revision	Paper 1 and 2 Targeted Revision	N/A
	Formal assessment	Paper 1 & 2 Past papers and exam questions in class.	Paper 1 & 2 Past papers and exam questions in class.	Paper 1 & 2 Past papers and exam questions in class.	Paper 1 & 2 Past papers and exam questions in class. Practical FORMAL GCSE ASSESSMENT	Paper 1 & 2 Mock papers Practical FORMAL GCSE ASSESSMENT	N/A