

Curriculum and Assessment Map

Subject - Physical Education and Sport

Key Stage 5

BTEC National Extended certificate in Sport (Level 3)

A2 Physical Education (AQA)

BTEC SPORT		Term 1 (September-October)	Term 2 November- December)	Term 3 (January – February)	Term 4 (February-March)	Term 5 (April-May)	Term 6 (June-July)
Year 12	What students will study ¹	Unit 2 Lifestyle factors.	Unit 2 Screening Processes for training Programmes.	Unit 2 Nutritional needs Unit 3 Career and job opportunities	Unit 2 Training Methods Unit 3 Career development action plan	Unit 2 Training Programme design Unit 3 Recruitment	Unit 1 Skeletal System Unit 3 Recruitment and selection
	Formal assessment ²	Unit 2 Past papers and exam questions in class.	Unit 2 Past papers and exam questions in class.	Unit 2 Past papers and exam questions in class. Unit 3 Assignment	Unit 2 Past papers and exam questions in class. Unit 3 Assignment	Unit 2 External task 2 hr examination (externally assessed) Unit 3 Assignment	Unit 1 Past papers and exam questions in class. Unit 3 Final Assignment (internally assessed)
Year 13	What students will study	Unit 1 Muscular System	Unit 1 Respiratory System Cardiovascular System	Unit 1 Energy Systems	Unit (option?)	Unit (option?)	
	Formal assessment	Unit 1 Past papers and exam questions in class.	Unit 1 Past papers and exam questions in class.	Unit 1 External Examination (1hr 30min)	Unit ? Assignment	Unit ? Assignment	Unit ? Final Assignment (internally assessed) Unit 1

¹ This information is taken from the exam specification, where relevant.

² This consists of any assessment that contributes to the attainment or progress grades reported to parents.

							Retake if needed (not all students will qualify for this)
A2 Physical Education							
Year 13	What students will study	<p>PHED 3 Energy Systems Muscular Systems</p> <p>PHED 3 Psychology in Sport – Personality Arousal Controlling Anxiety</p> <p>PHED 4 Practical Coursework – Section A Written Coursework – Section B</p>	<p>PHED 3 Preparation and Training. Specialised training</p> <p>PHED 3 Psychology in Sport – Attitudes Aggression</p> <p>PHED 4 Practical Coursework – Section A Written Coursework – Section B & C</p>	<p>PHED 3 Sports Injuries. Mechanics of Movement</p> <p>PHED 3 Psychology in Sport – Confidence Attribution Theory</p> <p>PHED 4 Practical Coursework – Section A Written Coursework – Section C</p>	<p>PHED 3 World Games and their impact. Sport England elite athlete development. Development of rational recreation.</p> <p>PHED 3 Psychology in Sport – Group Success Leadership</p>	<p>PHED 3 Olympic Ideal. Deviance in sport Commercialisation of modern day sport.</p> <p>PHED 3 Exam preparation.</p>	<p>PHED 3 Exam preparation.</p> <p>PHED 3 Exam preparation.</p>
	Formal assessment	<p>PHED 3 Past papers and exam questions in class.</p> <p>PHED 4 Written Coursework Section B 1st Draft Marking</p>	<p>PHED 3 Year 13 mock whole school examinations. (1hr 30min)</p> <p>PHED 4 Written Coursework Section C 1st Draft Marking</p>	<p>PHED 3 Past papers and exam questions in class.</p> <p>PHED 4 Written Coursework Section B & C Final Draft Marking</p>	<p>PHED 3 Past papers and exam questions in class.</p> <p>PHED 4 Written Coursework Final Submission</p>	<p>PHED 3 Past papers and exam questions in class.</p>	<p>PHED 3 Final AQA examination.</p>