



# PGL Information Evening

2017

# The Journey

**DEPARTURE TIME FROM SCHOOL ON Friday–  
08:45 (Be on site for 8.00)**

**ARRIVAL TIME BACK AT SCHOOL ON Sunday -  
approx. 17:15**

**Please bring a small amount of snacks for the  
journey and wear comfortable clothes.**

# Our Itinerary

## Friday

Depart School – 08:45  
Arrive - Osmington Bay – 12:15  
Lunch – 12:30-13:30  
Room organisation and site orientation – 13:30-14:30  
Afternoon Activities – 14:30 – 17:30  
Evening Meal -18:00  
Evening Entertainment – 19:30 – 21:00  
Bed time – 21:30

## Saturday

Breakfast – 07:40  
Morning Activities – 09:10 – 12:20  
Lunch – 12:30 – 14:00  
Afternoon Activities – 14:20 – 17:30  
Evening Meal – 18:30  
Evening Entertainment – 19:30 – 21:00  
Bed time – 21:30

## Sunday

Breakfast – 07:40  
Morning Activities – 09:10 – 12:20  
Lunch – 12:30 – 13:00  
Depart Osmington Bay – 14:00  
Arrive - School – 17:15

# Kit List

**Only one case/bag per student plus one item of hand luggage**

## **Clothing** – plenty in case of wet weather

- Night Clothes (and tracksuit /jumper in cold weather)
- Several changes of underwear
- At least 2 thick jumpers/fleeces
- At least 3 pairs of old trousers (2 for activities [NOT JEANS], 1 for evenings)
- Shorts (in warm weather)
- Sturdy shoes or boots (preferable but not essential)
- Several t-shirts (preferably including at least 1 long-sleeve)
- Socks (several pairs – over ankle length)
- At least two pairs of trainers (including 1 old pair for wet activities)
- Waterproof jacket and trousers (if you have them)
- Hat and gloves (for cold weather)
- Sun hat and suntan lotion

## **Other essentials**

- Wash bag and a towel
- Labelled strong plastic bags (bin liners) for wet and spare clothes
- Plastic bottle for drinks
- Notebook and pen

**Day Sack (waterproof and lined)**

# Valuables

- £5 maximum spending money in a sealed and labelled envelope.
- NO MOBILE PHONES OR ELECTRONIC DEVICES
- No valuables e.g. expensive jewellery

# Medicines

- On the morning of the trip please give all medicines to Miss Lewis/Mr Morbey
- You will then be asked to fill in a medications form.
- All medicines should be with staff NOT students ( including inhalers)

# Emergency contacts

**Company: PGL, Osmington Bay**  
**Telephone: 01305 836200**

School: 01628 625308 (Please call during school hours)

Trip mobile 1: 07525 594634

Trip mobile 2: 07525 594635

# Before you leave

- Please sign in
- Complete the mobile phone contract and behaviour contract and place in House boxes
- Let us know if your emergency contact details have changed

# PGL Staff

## 6<sup>th</sup>-8<sup>th</sup> October

- Mr Morbey ( Trip Leader)
- Ms Pasa
- Mr Brand
- Miss Thorogood
- Miss Satterthwaite
- Mrs Crisford

## 13<sup>th</sup>-15<sup>th</sup> October

- Miss Lewis ( Trip Leader)
- Mrs Brand
- Mr Bailey
- Mrs Ridgley
- Mr Whitaker
- Mr Djaelani



Any questions?