COVID friendly Volunteering activities

Volunteering activity	Suggestion of who could
	assess the activity
Litter picking in the local area	Local council member, neighbour
Prepare some sessions for future Beaver, Cub, Rainbow, Brownie, youth group or DofE group (DofE Ambassadors) ready for F2F or to run virtually	Beaver (or similar) leader
Mentoring a younger sibling and helping them with their schoolwork or homework.	Family Friend/neighbour, Siblings teacher
Coaching a sibling or another family member to learn an instrument or develop another skill.	Family Friend/Neighbour, Music teacher, DofE Leader
St John Ambulance – <u>12 week fundraising plan</u>	DofE leader, School tutor,
If you are a Young Carer, your caring responsibilities can count for your volunteering.	The Assessor should be a professional who is supporting you with your caring role, ideally from a Young Carers Project or Social Work/Youth Work departments.
Helping a charity virtually (https://www.hotosm.org/volunteer-opportunities/volunteer-opportunitie	A team member at the charity
Assisting elderly neighbours/relatives/care home or sheltered housing residents with shopping, gardening, dog walking	The person you are assisting or care home employee
Write letters/Draw pictures/make phone calls/ videos to elderly care home residents	The person you are assisting or care home employee
Assisting at a local foodbank/food collection point	Foodbank manager or co worker
Fundraising and/or raising awareness for a local charity or cause. This can include the planning, researching, marketing, campaigning and hosting an event	Charity employee, family friend, form tutor, DofE Leader
Become an Engery envoy http://www.energyenvoys.org.uk/content/about-scheme	Science teacher, family friend, DofE Leader
Count penguins in remote regions help us understand their lives and environment https://www.zooniverse.org/projects/penguintom79/penguinwatch	Print off total classifications accumulated on your own Member Profile - Your Stats page and show these to an Assessor – Teacher, form tutor, DofE Leader
Volunteer with the RVS https://volunteering.royalvoluntaryservice.org.uk/student-volunteering	
Sew masks for those in need, make the masks by following online tutorials on you tube and organize donating to the people who need them.	Family friend, tutor, DofE Leader

Volunteering at home (up and above the norm) e.g. Cooking a meal for the family once a week to help ease the pressure for parents	Friend of the family, Neighbour
Registering with the local GP surgery to collect and drop off prescriptions – under 16s need to do this with a parent	GP Surgery, tutor, leader
Zoom fitness coaching	Sports club leader, tutor, leader, PE teacher
Zoom Sunday School – bible studies	Religious leader
Gardening at a care home / community areas	Care home / community staff
For those with a good IT knowledge – set up a 'fix it' service in the community	IT teacher, neighbour, leader, tutor, those you have provided a service for
Animal research - https://instantwild.zsl.org/intro	Family friend, form tutor, teacher