

February 2024

Year 9 & 10 Duke of Edinburgh Bronze & Silver Expeditions June & July 2024

Dear Parents,

We are pleased to welcome your child to the 2024 D of E programme at Furze Platt. The purpose of this letter is to confirm key dates and expedition information.

Parents' Information Evening

Thursday 22nd February 2024 6pm – School Theatre

Representatives from BXM will talk through the whole expedition process and itinerary – they will be able to answer any questions you may have.

Silver Training – Year 10 students

Saturday 2nd March 2024 – 9am to 3pm (humanities block - Furze Platt)

Note – the training day is mandatory for all Silver candidates.

Practice Expeditions

Bronze – Year 9 Students

Dates – Thursday 6th and Friday 7th June
Venue – TBC

Silver – Year 10 Students

Dates – Wednesday 5th to Friday 7th June
Venue – TBC

Assessment Expeditions

Bronze – Year 9 Students - Thursday 11th and Friday 12th July

Drop off Thursday 11th – 9.45am Link Road Carpark, Link Road, Great Missenden, HP16 9AE.
Camping venue – Penn Meadow Farm Camping, HP9 1XS
Pick up Friday 12th – 3pm Amersham Old Town Carpark, HP7 0UT

Please always check parking fees when dropping off / picking up students

Silver – Year 10 Students – Wednesday 10th July to Friday 12th July

Drop off – Wednesday 10th 9.45am Startop's End Car Park, Marsworth, Tring HP23 4LJ
Camping venue night 1 – Corner Farm, Great Missenden, HP16 9NP
Camping venue night 2 - Penn Meadow Farm Camping, HP9 1XS
Pick up – Friday 12th 2.30pm Amersham Old Town Carpark, HP7 0UT

Please read on for more important information on kit lists, food/cookery and medical information.

Kit list

BXM will provide all tents, maps, and cooking stoves – a copy of their comprehensive kit list can be found at

<https://www.bxmoutdoors.com/kitlist/>

Below is an outline kit list with all the basics

- Comfortable walking boots
- Lightweight trousers – not jeans
- Suitable number of tops for the weather conditions. Layers are best.
- Waterproof top and trousers.
- Sun hat, sun cream
- Food & snacks
- Rucksack
- Mess tin or small cooking pot
- Cutlery and bowl / plate
- Sleeping bag
- Sleeping mat
- Night clothes
- Hat and gloves if colder in the evening
- Comfortable shoes to wear around campsite
- Underwear
- Wash kit including towel toothbrush and toothpaste
- Torch
- Water bottle
- Compass

Cooking and food

What follows are suggestions, but students do need adequate food and drinks for the duration of their expedition. Fresh water will be available at the campsites. Students will need to carry their food and drink in their rucksacks.

To pass the expedition students must cook an evening meal. BXM will provide gas camping stoves.

Ration packs can be purchased cheaply from Amazon or any of the popular outdoor or camping shops.

Breakfast – anything that hot water can be added to eg porridge pots or breakfast bars, fruit. Please avoid cereal as it is difficult to carry milk and keep it fresh.

Lunch – sandwich, pasty, crisps, chocolate bar, fruit.

Snacks while walking.

Hot drinks (optional) – students can bring ingredients for hot drinks ie hot chocolate, tea and coffee.

Students will need to bring any cutlery and bowls/plates they need. Students will be expected to wash up and clean their equipment.

More information and advice on food can be found here

<https://www.bxmoutdoors.com/food-advice/>

Medical

BXM will be contacting you by email for your child's medical information in the weeks leading up to the expeditions – please follow the link they send you and complete the online forms. If your child is Asthmatic, please ensure they have their inhaler with them on the expedition.

We are very much looking forward to working with your child on their D of E journey this year.

Should you require any further information please do not hesitate to contact me? Or have a look at BXM's advice page for parents.

<https://www.bxmoutdoors.com/advice-for-parents/#kitlist>

Kind regards

Mr D Randall
Outdoor Education and Enrichment Coordinator
David.randall@furzeplatt.net