

MAIN MEALS

Weeks beginning 1 Sep,
22 Sep, 13 Oct
From £2.55



Autumn Menu
Week 1



MON

TUE

WED

THU

FRI

★ MASALA MOMENTS ★

Chicken Tikka Masala
with Mango Chutney
(Mu)

Vegetable Tikka Masala
with Mango Chutney
(Mu)

Pilau Rice
Spicy Roasted Cauliflower

★ AMERICAN DINER ★

Buttermilk Chicken Burger
with Ranch Slaw
(G,E,So,Se,Mk)

Pizza Mac & Cheese with
Garlic & Herb Bread
(G,Mk,So)

Cajun Corn & Peppers
Seasoned Fries

★ ROAST ★

Roast Turkey with Stuffing &
Herb Gravy (G)

Creamy Butternut &
Vegetable Pie With Crunchy
Crust (G,Mk)

Crunchy Roast Potatoes
Savoy Cabbage & Carrots

★ TASTE OF JAMAICA ★

Jamaican Jerk Chicken
with Jerk Gravy

Jamaican Jerk Eat Curious
with Jerk Gravy

Coconut Rice & Peas
Caribbean Coleslaw
(E,Mk,So)

★ FISH & CHIP SHOP ★

Battered Fish Fillet
(G,F)

Crispy Chicken Tenders
(G,Ce,Mk,Mu,So)

Cheese & Onion Pasty
(G,Mk)

Chips
Peas
Baked Beans

Meal-Deal
Only £2.95

A Main Meal + Dessert of the day or
Water



GLOBAL EATS

From £2.75

MON

TUE

WED

THU

FRI

Hot Dogs with
Mustard &
Pickled Red
Onions
(G,Mu,Se,Su)

Cheesy BBQ
Loaded Fries
with Crispy
Onions (G,Mk)

Korean Chicken
Rice Bowl with
Hot Chilli Sauce
(G,Se,So)

Mexican
Chicken Panini
with Tortilla
Chips (G,Mk,So)

Spicy Bean
Burger with
Coleslaw
(G,E,Mk,Mu,So
,Su,Se)

Vegetarian options available + Paninis/Pizza/Slices and much more surprises

DESSERTS

MONDAY

Double Chocolate Pudding (G,E,Mk,So)

TUESDAY

Berry Flapjack Crumble (G)

WEDNESDAY

Toffee & Banana Cake (G,E,Mk,So)

THURSDAY

Lemon & Blueberry Sponge (G,E)

FRIDAY

Sticky Baked Jam Doughnut (G)

£1.26

PASTA STATION

MONDAY

Bolognese (G), Basil Pesto (G,E,Mk),
Macaroni Cheese (G,Mk)

TUESDAY

Bolognese (G), Basil Pesto (G,E,Mk)

WEDNESDAY

Bolognese (G), Basil Pesto (G,E,Mk),
Macaroni Cheese (G,Mk)

THURSDAY

Bolognese (G), Basil Pesto (G,E,Mk),
Macaroni Cheese (G,Mk)

FRIDAY

Mac & Cheese with Crispy Onions (G,Mk)

£2.55

ALLERGENS

we're allergy gurus!

Speak to one
of our chefs if
you have any
allergies.

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals
containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

MAIN MEALS

Weeks beginning 8 Sep,
29 Sep, 20 Oct

From £2.55



Autumn Menu
Week 2



MON

TUE

WED

THU

FRI

★ TEX-MEX ★

Smoky Beef Eat Curious Chilli
Con Carne with Salsa

Eat Curious Smoky Veggie
Chilli with Salsa

Nachos
Roasted Corn & Peppers

★ TASTE OF BRAZIL ★

Zesty Brazilian Chicken
(G)

Butternut & Sweet Potato
Moqueca

Lime & Coriander Rice
Creamy Corn (MK)

★ ROAST ★

Roast Gammon with Stuffing
& Herb Gravy (G)

Grilled Veggie Sausages with
Caramelised Onion Gravy
(G,Ce)

Crunchy Roast Potatoes
Roasted Carrots & Parsnips

★ KATSU KITCHEN ★

Crispy Chicken Katsu (G,E)
with Curry Sauce (G,So)

Crispy Sweet Potato Katsu
(G,E) with Curry Sauce (G,So)

Steamed Rice
Asian Salad

★ FISH & CHIP SHOP ★

Battered Fish Fillet (G,F)

Baked Sausage Roll
(G,Mk,So,Su)

Crispy Vegetable Spring Rolls
with Curry Sauce
(G,Mk,Se,So)

Chips
Peas
Baked Beans

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MON

TUE

WED

THU

FRI

Piri Piri
Halloumi
Wraps
(G,E,Mk,Su)

Beef Burger in a
Bun with Salad
& Pickles
(G,Se,So,Su)

Chicken Gyros
with Yoghurt &
Mint & Chilli
Sauce (G,E,Mk)

Cheesy
Pepperoni Tater
Tots (G,Mk)

Crunchy Fish
Finger Wrap
with Tartare
Sauce (G,E,F)

Vegetarian options available + Paninis/Pizza/Slices and much more surprises

DESSERTS

MONDAY

Pineapple Upside Down Sponge
(G,E,Mk,So,Su)

TUESDAY

Berry Mess Cup Cakes (G,E)

WEDNESDAY

Caramel Apple Shortbread Crumble and
Custard (G,E,Mk,So)

THURSDAY

Frosted Carrot & Orange Cake (G,E,Mk)

FRIDAY

Chocolate Brownie (G,E)

£1.26

PASTA STATION

MONDAY

Creamy Chicken & Sweetcorn (G,Mk), Spicy
Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)

TUESDAY

Creamy Chicken & Sweetcorn (G,Mk), Spicy
Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)

WEDNESDAY

Creamy Chicken & Sweetcorn (G,Mk), Spicy
Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)

THURSDAY

Creamy Chicken & Sweetcorn (G,Mk), Spicy
Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)

FRIDAY

BBQ Mac & Cheese with Garlic Breadcrumbs
(G,Mk,So)

£2.55

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MAIN MEALS

Weeks beginning 15 Sep,
6 Oct

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Autumn Menu
Week 3



MON

TUE

WED

THU

FRI

BURGER BAR

Quarter Pound Beef Burger
in a Bun (G,Se,Su,So)
or
Hot Honey Chicken Burger in
a Bun (G,Se)
Crispy Falafel Burger in a Bun
(G,Se)
Oven Baked Wedges
Crunchy Seasonal Salad

HOME COMFORTS

Butchers Sausages with
Caramelised Onion Gravy
(G,Su)
Grilled Veggie Sausages with
Caramelised Onion Gravy
(G,Ce)
Creamy Mashed Potatoes
Roasted Broccoli

ROAST

Roast Chicken with Stuffing
& Herb Gravy (G)
Roast Root Vegetable
Wellington with Stuffing &
Herb Gravy (G,E,So)
Crunchy Roast Potatoes
Roasted Carrots & Parsnips

PIE & MASH

Chicken Balti Pie with Spicy
Onion Gravy (G)
Veggie Samosa Pie with Spicy
Onion Gravy (G)
Masala Mashed Potatoes (G)
Roasted Aromatic
Cauliflower

FISH & CHIP SHOP

Battered Fish Fillet (G,F)
Jumbo Sausage (G,Su)
Vegetable Spring Roll with
Sweet & Sour Sauce
(G,Mk,Se,So)
Chips
Peas
Baked Beans

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FRI

Vietnamese
Chicken
Buncha
(G,E,So)

Fajita Chicken
Nachos (Mk,So)

Beef Keema
Curry With Rice

Eat Curious
Lamb Kofta with
Pitta (G,Mk,So)

Nacho Basket
with Coriander
Salsa (Mk,So)

Vegetarian options available + Paninis/Pizza/Slices and much more surprises

DESSERTS

MONDAY

Sticky Ginger Cake (G,E,Mk)

TUESDAY

Cookies & Cream Sponge (G,E,Mk,So)

WEDNESDAY

American Apple Streusel (G,E)

THURSDAY

Cherry & Coconut Flapjacks (G,Su)

FRIDAY

Pancakes With Toffee Sauce (G,E,Mk)

£1.26

PASTA STATION

MONDAY

Creamy Chicken & Sweetcorn (G,Mk), Spicy
Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)

TUESDAY

Creamy Chicken & Sweetcorn (G,Mk), Spicy
Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)

WEDNESDAY

Creamy Chicken & Sweetcorn (G,Mk), Spicy
Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)

THURSDAY

Creamy Chicken & Sweetcorn (G,Mk), Spicy
Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)

FRIDAY

BBQ Mac & Cheese with Garlic Breadcrumbs
(G,Mk,So)

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