

Furze Platt Senior School



Whole School Food Policy



FURZE PLATT SENIOR SCHOOL

Whole School Food Policy

Furze Platt Senior school is committed to being a healthy school and to promoting the health and wellbeing of the whole school community. As part of this we aim to help our pupils to develop healthy lifestyles and to make responsible choices.

This policy supports the 'Every Child Matters' outcome – 'Being Healthy'

Other relevant policies are:-

- PSHE and Citizenship
- Drug Education
- Sex and Relationship Education
- Physical Activity

Aim:

To ensure that all aspects of food and nutrition in the school help to promote the health and well-being of the whole school community.

Objectives:

- To ensure that food provided during the school day is consistent with our aim and meets the new mandatory standards, introduced in September 2007.
- To provide up to date and consistent information on food and nutrition across the curriculum.
- To involve all members of the school community in the implementation of this policy.

Implementation – where and how the policy will be implemented.

- Through the school canteen during Breakfast Club, break and lunchtime. We will work with the school caterer to provide a range of healthy meal options, which meet the mandatory standards. Food provided at Parents' evenings will enable parents to know what is on offer. We will ensure that

the special dietary needs of adults and pupils, e.g. vegetarians and those with nut allergies, will be met by providing clearly labelled food items.

- By supporting parents in the provision of healthy snacks and packed lunches through the provision of information and ideas in newsletters and on the school website.
- Through the provision of drinking water dispensers and encouragement of pupils to bring water bottles in to lessons, pupils and staff will be encouraged to drink water regularly throughout the day and pupils will be taught the importance of avoiding dehydration.
- Through sensitive liaison with parents and other professionals e.g. the School Nurse, we will ensure all students with food related problems e.g. obesity, anorexia etc will receive appropriate help and guidance.
- Through the formal curriculum in Science, Technology, PSHE and Citizenship, P.E. and through the tutorial programme, pupils will be given detailed and up to date information on food and nutrition and taught how to eat a sensible and balanced diet.
- Through appropriate training for all staff, we will ensure that all are kept up to date with information, standards and best practices
- Through working in partnership with parents and carers, pupils, staff, governors and outside professionals, we will monitor and evaluate the effectiveness of this policy.

Monitoring and Evaluation will occur regularly through

- Twice termly meetings between the school caterer and the Senior Leadership Team e.g. the Business Manager and / or Assistant Headteacher.
- Termly meetings of the Healthy Schools Task Group to review menu choices and nutritional information.
- Regular discussion of the school meal provision by the School Council, following pupil evaluations.
- Healthy Schools Task Group mapping of the food and nutrition elements of the formal curriculum.
- Regularly seeking the views of parents, teachers and pupils through questionnaires, discussions at the Parents' Forum, PTFA and Parents Evenings.
- Reporting once a year to the Governors' sub-committee- Pupils and Parents.

This policy was produced following consultation with pupils, parents, governors and local authority representatives.

Relevant websites: www.foodinschools.org
www.schoolfoodtrusts.org
www.food.gov.uk