



**DUKE OF
EDINBURGH AWARD**
**Silver Application
Pack**



FURZE PLATT
SENIOR SCHOOL

Dear Parents(s)/ Carer(s)

Re: The Duke of Edinburgh Silver Award

I am pleased to inform you that Furze Platt Senior School intend to offer the Duke of Edinburgh Silver Award as an extra-curricular activity. The Award is a nationally recognised qualification for young people, designed to encourage them to develop independence, commitment, leadership and teamwork through involvement in a personalised programme of activities.

The Four Parts to the Silver Award

The award requires those taking part to complete four sections:

- Skill: Developing a new skill or continuing to improve an existing skill
- Physical: participating in physical activity, including sport
- Volunteering: being involved in an activity that benefits others
- Expedition: completing a training and assessed two day hike with an overnight camp

The Physical, Skills and Volunteering sections must be undertaken once a week, with two of these sections to be completed over six months, one of which must be volunteering, and one over three months. If participants have not completed Bronze, they are required to do one section for 12 months instead of six. Although students will be assisted in selecting appropriate activities and monitored throughout the delivery of the Award, completion of these sections will primarily be the responsibility of the students taking part. A suggested activities sheet is attached.

The Expedition section requires students to undertake a full day's training session as well as one practice and one assessed expedition – each of which is three days and two nights. Please see the dates below. Attendance on all dates is compulsory.

Training- **Saturday 17th March 2018**

Practice- **Wednesday 11th- Friday 13th April 2018**

Expedition- **Wednesday 30th May- Friday 1st June 2018**

Commitments and Costs

Students must commit to completing all four parts of the Award, with a view to completing by the end of the academic year. Parents / carers must commit to support this.

Parents / carers are responsible for dropping off and collecting their children from the expedition start and finish point. It is anticipated that the practice and assessed expeditions will take place in the local environment ie the Chilterns.

The cost of registering for the Award and for undertaking the Expedition is £300. Tents and cooking equipment are provided. Students will have to have their own personal expedition equipment, for example waterproofs and a sleeping bag. A kit list will be provided nearer the time.

Please pay your £50 deposit via The Little Box Office, which can be accessed at thelittleboxoffice.com/furzeplatt or via the website under the parents tab. The deadline for the deposit is Friday 3rd November. Once we have contacted you to confirm your child has a place, the remaining payment will be due by the 15th December.

Please note once your child has been accepted, any monies paid are non- refundable.

Financial Assistance

Spoore, Merry and Rixman, a local charity, have generously offered to support students who would benefit from the Duke of Edinburgh Award, but who suffer from financial hardship. Therefore, if **any** student wishes to participate they should **not** be put off by the cost, but should contact Ms Carty (Desrene.carty@furzeplatt.net) to see whether the school can provide financial assistance.



Suggested Activities Sheet

When completing each section of your DofE, you should develop a programme, which is specific and relevant to you. This sheet gives you a list of ideas that you could do to help you create a programme of your own.

Volunteering section

Volunteering gives you the chance to make a difference to people's lives and use your skills and experience to help your local community. You can use this opportunity to become involved in a project or with an organisation that you care about.

Helping people

Helping children
Helping older people
Helping people in need
Helping people with special needs
Youth work

Community action & raising awareness

Campaigning
Cyber safety
Council representation
Drug & alcohol education
Home accident prevention
Peer education
Personal safety
Promotion & PR
Road safety

Working with the environment or animals

Animal welfare
Environment
Rural conservation
Preserving waterways
Working at an animal rescue centre
Litter picking
Urban conservation
Beach and coastline conservation
Zoo/farm/nature reserve work

Helping a charity or community organisation

Administration
Being a charity intern
Being a volunteer lifeguard
Event management

Fundraising
Mountain rescue
Religious education
Serving a faith community
Supporting a charity
Working in a charity shop

Coaching, teaching and leadership

Dance
leadership DofE
Leadership
Group leadership
Leading a voluntary organisation group:
- Girls' Venture Corps
- Sea Cadets
- Air Cadets
- Jewish Lads' and Girls' Brigade
- St John Ambulance
- Scout Association
- Air Training Corps - Army Cadet Force
- Boys' Brigade
- CCF
- Church Lads' & Girls' Brigade
- Girlguiding UK- Girls' Brigade
Sports leadership
Music tuition

Physical section

Doing physical activity is fun and improves your health and physical fitness. There's an activity to suit everyone so choose something you are interested in.

Individual sports

Archery
Athletics (any field or track event)
Biathlon/Triathlon/Pentathlon
athlon
Bowling
Boxing
Croquet
Cross country running
Cycling
Fencing
Golf
Horse riding
Modern pentathlon

Orienteering
Pétanque
Roller blading
Running
Static trapeze
Wrestling

Water sports

Canoeing
Diving
Dragon Boat Racing
Free-diving
Kneeboarding
Rowing & sculling
Sailing
Skurfing
Sub aqua (SCUBA diving & snorkelling)
Surfing/body boarding
Swimming
Synchronised swimming
Windsurfing

Dance

Ballet
Ballroom dancing
Belly dancing
Bhangra dancing
Cercoc
Contra dance
Country & Western
Flamenco
Folk dancing
Jazz
Line dancing
Morris dancing
Salsa (or other Latin styles) dancing
Scottish/Welsh/Irish dancing
Street dancing/breakdancing/hip hop
Swing
Tap dancing

Racquet sports

Badminton
Matkot
Racketlon
Rapid ball
Real tennis
Squash
Table tennis
Tennis

Fitness

Aerobics
Cheerleading
Fitness classes
Gym work
Gymnastics
Medau movement

Physical achievement
Pilates
Running/jogging
Trampoline
Walking
Weightlifting
Yoga

Extreme sports

Caving & potholing
Climbing
Free running (parkour)
Ice skating
Mountain biking
Mountain unicycling
Parachuting
Skateboarding
Skydiving
Snow sports (skiing, snowboarding)
Snowkiting
Speed skating
Street luge

Martial arts

Aikido
Capoeira
Ju Jitsu
Judo
Karate
Self-defence
Sumo
Tae Kwon Do
Tai Chi

Team sports

American football
Baseball
Basketball
Boccia
Camogie
Cricket
Curling
Dodge disc
Dodgeball
Fives
Football
Hockey
Hurling
Kabaddi
Korfball
Lacrosse
Netball
Octopushing
Polo
Rogaining
Rounders
Rugby
Sledge hockey
Stoolball
Tchoukball
Ultimate flying disc
Underwater rugby
Volleyball

Water polo

Skills section

Developing a skill helps you get better at something you are really interested in and gives you the confidence and ability to use this skill both now and later in life.

Performance arts

Ballet appreciation
Ceremonial drill
Circus skills
Conjuring & magic
Dance appreciation
Majorettes
Puppetry
Singing
Speech & drama
Theatre appreciation
Ventriloquism
Yoyo extreme

Science & technology

Aerodynamics
Anatomy
Astronomy
Biology
Botany
Chemistry
Ecology
Electronics
Engineering
Entomology
IT
Marine biology
Oceanography
Paleontology
Physics
Rocket making
Taxonomy
Weather/meteorology
Website design
Zoology

Care of animals

Agriculture (keeping livestock)
Aquarium keeping
Beekeeping
Caring for reptiles
Dog training & handling
Horse/donkey/llama/alpaca handling & care

Keeping of pets
Looking after birds (i.e. budgies & canaries)
Pigeon breeding & racing

Music

Church bell ringing
Composing
DJing
Evaluating music & musical performances
Improvising melodies
Listening to, analysing & describing music
Music appreciation
Playing a musical instrument
Playing in a band
Reading & notating music
Understanding music in relation to history & culture

Natural world

Agriculture
Conservation
Forestry
Gardening
Groundsmanship
Growing carnivorous plants
Plant growing
Snail farming
Vegetable growing

Games & sports

Cards (i.e. bridge)
Chess
Clay target shooting
Cycle maintenance
Darts
Dominoes

Fishing/fly fishing
Flying
Gliding
Go-karting
Historical period re-enacting
Kite construction & flying
Mah Jongg
Marksmanship
Model construction & racing
Motor sports
Power boating
Snooker, pool & billiards
Sports appreciation
Sports leadership
Sports officiating
Table games
War games

Life skills

Alternative therapies
Cookery
Democracy in action
Digital lifestyle
Driving: car maintenance/car road skills
Driving: motorcycle maintenance/road skills
Event planning
First Aid – St John/St Andrew/BRCS
Hair & beauty
Learning about the emergency services
Learning about the RNLI (Lifeboats)

Library & information skills
Life skills
Massage
Money management
Navigation
Public speaking and debating
Skills for employment
Young Enterprise

Learning & collecting

Aeronautics
Aircraft recognition
Anthropology
Archaeology
Astronautics
Astronomy
Bird watching
Coastal navigation
Coins
Collections, studies & surveys
Comics
Contemporary legends
Costume study
Criminology
Dowsing & divining
Fashion
Forces insignia
Gemstones
Genealogy
Heraldry
History of art
Language skills
Military history
Movie posters
Postcards
Reading
Religious studies
Ship recognition

Stamp collecting

Media & communication

Amateur radio
Communicating with people who are visually impaired
Communicating with people who have a hearing impediment
Film & video making
Journalism
Newsletter & magazine production
Signalling
Writing

Creative arts

Basket making
Boat work
Brass rubbing
Building catapults & trebuchets
Cake decoration
Camping gear making
Candle-making
Canoe building
Canvas work
Carnival/festival float construction
Ceramics
Clay modelling
Crocheting
Cross stitch
DIY
Dough craft
Drawing
Dressmaking
Egg decorating
Embroidery

Enamelling
Fabric printing
Feng Shui
Floral decoration
French polishing
Furniture restoration
Glass blowing
Glass painting
Interior design
Jewellery making
Knitting
Lace making
Leatherwork
Lettering & calligraphy
Macramé
Marquetry
Model construction
Mosaic
Painting & design
Patchwork
Photography
Pottery
Quilting
Rope work
Rug making
Snack pipping
Soft toy making
Tattooing
Taxidermy
Textiles
Weaving and spinning
Wine/beer making
Woodwork

Application- to be returned to Miss Carty

We anticipate that the Silver Award will be very popular. In the event that this programme is over-subscribed, we will look at the 'extra information' section on the application form, where students explain how they will benefit from this award. Please fill this section in very carefully!

Application to participate in the Duke of Edinburgh Silver Award programme

Section 1 – to be completed by the student

Name: _____ Form: _____

What clubs/ extra-curricular activities do you currently take part in within and outside of school?

What could you do for your skills section (1 hour a week for 3-12 months)?

What could you do for your physical section (1 hour a week for 3-12 months)?

What could you do for your volunteering section (1 hour a week for 3-12 months)?

Extra information. In this section, explain **why** you want to do the Duke of Edinburgh Silver Award and **how you think you will benefit from it**. Complete this section carefully and in detail.

Signature of student: _____ Date: _____

Section 2 – to be completed by the parent / carer

Name of parent / carer _____

Email address: _____

Mobile number: _____

Your child's personal details: First name:		Surname:
Gender: Male <input type="checkbox"/> Female: <input type="checkbox"/>		Date of Birth:
Your child's school email address:		
Your child's school user name:		
If your child has registered for the DofE previously, please record the name of the Centre and their eDofE ID number below Centre: _____ ID number: _____		

Please indicate if your child has any of the conditions below, and provide further information.

	Problems with sight or hearing		Mental health conditions
	Osteoarthritis, rheumatoid arthritis, fibromyalgia or ME		Impairments due to injury to the body or brain
	Any conditions which affect certain organs such as heart disease, asthma and strokes		Has or have had cancer
	Learning disabilities		Multiple Sclerosis
	Learning difficulties such as dyslexia and dyspraxia		Any other condition
	Autistic spectrum disorders		None of these conditions

If you have indicated a medical condition above, please provide further information in the box below.

I wish my son / daughter to be considered for the Duke of Edinburgh Silver Award. I confirm that he/she will

- Undertake between 3 and 12 months of Skill Development, Physical Activity & Volunteering
- Attend the one-day Expedition training session, the three-day practice Expedition, and the three-day assessed Expedition
- I understand that if my son/daughter does not complete the above activities then they may be asked to leave the programme.
- I understand that if my son/daughter's attitude and behaviour fall below that which is acceptable, then they may be asked to leave the programme
- I understand once my child has been accepted, any monies paid are non- refundable.

Please tick below if:

My child receives Free School Meals I would like to be considered for financial assistance

Signed: _____ Parent / Carer Date: _____