



**DUKE OF  
EDINBURGH AWARD**  
**Bronze Application  
Pack**



FURZE PLATT  
SENIOR SCHOOL

Dear Parents(s)/ Carer(s)

**Re: The Duke of Edinburgh Bronze Award**

I am pleased to inform you that Furze Platt Senior School intends to offer the Duke of Edinburgh Bronze Award as an extra-curricular activity. The Award is a nationally recognised qualification for young people, designed to encourage them to develop independence, commitment, leadership and teamwork through involvement in a personalised programme of activities.

**The Four Parts to the Bronze Award**

The award requires those taking part to complete four sections:

- Skill: Developing a new skill or continuing to improve an existing skill
- Physical: participating in physical activity, including sport
- Volunteering: being involved in an activity that benefits others
- Expedition: completing a training and assessed two day hike with an overnight camp

The Physical, Skills and Volunteering sections must be undertaken once a week, with two of these sections to be completed over three months, and one over six months. Although students will be assisted in selecting appropriate activities and monitored throughout the delivery of the Award, completion of these sections will primarily be the responsibility of the students taking part. A suggested activities sheet is attached.

The Expedition section requires students to undertake a full day's training session as well as one practice and one assessed expedition – each of which is two days and one night. Please see the dates below. Attendance on all dates is compulsory.

Training- **Saturday 24<sup>th</sup> March 2018**

Practice- **Saturday 21<sup>st</sup>- Sunday 22<sup>nd</sup> April 2018**

Expedition- **Saturday 12<sup>th</sup> – Sunday 13<sup>th</sup> May 2018**

**Commitments and Costs**

Students must commit to completing all four parts of the Award, with a view to completing by the end of the academic year. Parents / carers must commit to support this.

Parents / carers are responsible for dropping off and collecting their children from the expedition start and finish point. It is anticipated that the practice and assessed expeditions will take place in the local environment ie the Chilterns.

The cost of registering for the Award and for undertaking the Expedition is £250. Tents and cooking equipment are provided. Students will have to have their own personal expedition equipment, for example waterproofs and a sleeping bag. A kit list will be provided nearer the time.

Please pay your £50 deposit via The Little Box Office, which can be accessed at [thelittleboxoffice.com/furzeplatt](http://thelittleboxoffice.com/furzeplatt) or via the website under the parents tab. The deadline for the deposit is Friday 3<sup>rd</sup> November. Once we have contacted you to confirm your child has a place, the remaining payment will be due by the 15<sup>th</sup> December.

Please note once your child has been accepted, any monies paid are non-refundable.

**Financial Assistance**

Spoore, Merry and Rixman, a local charity, have generously offered to support students who would benefit from the Duke of Edinburgh Award, but who suffer from financial hardship. Therefore, if **any** student wishes to participate they should **not** be put off by the cost, but should contact Ms Carty ([Desrene.carty@furzeplatt.net](mailto:Desrene.carty@furzeplatt.net)) to see whether the school can provide financial assistance.



## Suggested Activities Sheet

When completing each section of your DofE, you should develop a programme, which is specific and relevant to you. This sheet gives you a list of ideas that you could do to help you create a programme of your own.

### Volunteering section

Volunteering gives you the chance to make a difference to people's lives and use your skills and experience to help your local community. You can use this opportunity to become involved in a project or with an organisation that you care about.

#### Helping people

Helping children  
Helping older people  
Helping people in need  
Helping people with special needs  
Youth work

#### Community action & raising awareness

Campaigning  
Cyber safety  
Council representation  
Drug & alcohol education  
Home accident prevention  
Peer education  
Personal safety  
Promotion & PR  
Road safety

#### Working with the environment or animals

Animal welfare  
Environment  
Rural conservation  
Preserving waterways  
Working at an animal rescue centre  
Litter picking  
Urban conservation  
Beach and coastline conservation  
Zoo/farm/nature reserve work

#### Helping a charity or community organisation

Administration  
Being a charity intern  
Being a volunteer lifeguard  
Event management

Fundraising  
Mountain rescue  
Religious education  
Serving a faith community  
Supporting a charity  
Working in a charity shop

#### Coaching, teaching and leadership

Dance  
leadership DofE  
Leadership  
Group leadership  
Leading a voluntary organisation group:  
- Girls' Venture Corps  
- Sea Cadets  
- Air Cadets  
- Jewish Lads' and Girls' Brigade  
- St John Ambulance  
- Scout Association  
- Air Training Corps - Army Cadet Force  
- Boys' Brigade  
- CCF  
- Church Lads' & Girls' Brigade  
- Girlguiding UK- Girls' Brigade  
Sports leadership  
Music tuition

### Physical section

Doing physical activity is fun and improves your health and physical fitness. There's an activity to suit everyone so choose something you are interested in.

#### Individual sports

Archery  
Athletics (any field or track event)  
Biathlon/Triathlon/Pentathlon  
athlon  
Bowling  
Boxing  
Croquet  
Cross country running  
Cycling  
Fencing  
Golf  
Horse riding  
Modern pentathlon

Orienteering  
Pétanque  
Roller blading  
Running  
Static trapeze  
Wrestling

#### Water sports

Canoeing  
Diving  
Dragon Boat Racing  
Free-diving  
Kneeboarding  
Rowing & sculling  
Sailing  
Skurfing  
Sub aqua (SCUBA diving & snorkelling)  
Surfing/body boarding  
Swimming  
Synchronised swimming  
Windsurfing

#### Dance

Ballet  
Ballroom dancing  
Belly dancing  
Bhangra dancing  
Cerc  
Contra dance  
Country & Western  
Flamenco  
Folk dancing  
Jazz  
Line dancing  
Morris dancing  
Salsa (or other Latin styles) dancing  
Scottish/Welsh/Irish dancing  
Street dancing/breakdancing/hip hop  
Swing  
Tap dancing

#### Racquet sports

Badminton  
Matkot  
Racketlon  
Rapid ball  
Real tennis  
Squash  
Table tennis  
Tennis

#### Fitness

Aerobics  
Cheerleading  
Fitness classes  
Gym work  
Gymnastics  
Medau movement

Physical achievement  
Pilates  
Running/jogging  
Trampoline  
Walking  
Weightlifting  
Yoga

#### Extreme sports

Caving & potholing  
Climbing  
Free running (parkour)  
Ice skating  
Mountain biking  
Mountain unicycling  
Parachuting  
Skateboarding  
Skydiving  
Snow sports (skiing, snowboarding)  
Snowkiting  
Speed skating  
Street luge

#### Martial arts

Aikido  
Capoeira  
Ju Jitsu  
Judo  
Karate  
Self-defence  
Sumo  
Tae Kwon Do  
Tai Chi

#### Team sports

American football  
Baseball  
Basketball  
Boccia  
Camogie  
Cricket  
Curling  
Dodge disc  
Dodgeball  
Fives  
Football  
Hockey  
Hurling  
Kabaddi  
Korfball  
Lacrosse  
Netball  
Octopushing  
Polo  
Rogaining  
Rounders  
Rugby  
Sledge hockey  
Stoolball  
Tchoukball  
Ultimate flying disc  
Underwater rugby  
Volleyball

Water polo

### Skills section

Developing a skill helps you get better at something you are really interested in and gives you the confidence and ability to use this skill both now and later in life.

#### Performance arts

Ballet appreciation  
Ceremonial drill  
Circus skills  
Conjuring & magic  
Dance appreciation  
Majorettes  
Puppetry  
Singing  
Speech & drama  
Theatre appreciation  
Ventriloquism  
Yoyo extreme

#### Science & technology

Aerodynamics  
Anatomy  
Astronomy  
Biology  
Botany  
Chemistry  
Ecology  
Electronics  
Engineering  
Entomology  
IT  
Marine biology  
Oceanography  
Paleontology  
Physics  
Rocket making  
Taxonomy  
Weather/meteorology  
Website design  
Zoology

#### Care of animals

Agriculture (keeping livestock)  
Aquarium keeping  
Beekeeping  
Caring for reptiles  
Dog training & handling  
Horse/donkey/llama/alpaca handling & care  
Keeping of pets

Looking after birds (i.e. budgies & canaries)  
Pigeon breeding & racing

### **Music**

Church bell ringing  
Composing  
DJing  
Evaluating music & musical performances  
Improvising melodies  
Listening to, analysing & describing music  
Music appreciation  
Playing a musical instrument  
Playing in a band  
Reading & notating music  
Understanding music in relation to history & culture

### **Natural world**

Agriculture  
Conservation  
Forestry  
Gardening  
Groundsmanship  
Growing carnivorous plants  
Plant growing  
Snail farming  
Vegetable growing

### **Games & sports**

Cards (i.e. bridge)  
Chess  
Clay target shooting  
Cycle maintenance  
Darts  
Dominoes  
Fishing/fly fishing

Flying  
Gliding  
Go-karting  
Historical period re-enacting  
Kite construction & flying  
Mah Jongg  
Marksmanship  
Model construction & racing  
Motor sports  
Power boating  
Snooker, pool & billiards  
Sports appreciation  
Sports leadership  
Sports officiating  
Table games  
War games

### **Life skills**

Alternative therapies  
Cookery  
Democracy in action  
Digital lifestyle  
Driving: car maintenance/car road skills  
Driving: motorcycle maintenance/road skills  
Event planning  
First Aid – St John/St Andrew/BRCS  
Hair & beauty  
Learning about the emergency services  
Learning about the RNLI (Lifeboats)

Library & information skills  
Life skills  
Massage  
Money management  
Navigation  
Public speaking and debating  
Skills for employment  
Young Enterprise

### **Learning & collecting**

Aeronautics  
Aircraft recognition  
Anthropology  
Archaeology  
Astronautics  
Astronomy  
Bird watching  
Coastal navigation  
Coins  
Collections, studies & surveys  
Comics  
Contemporary legends  
Costume study  
Criminology  
Dowsing & divining  
Fashion  
Forces insignia  
Gemstones  
Genealogy  
Heraldry  
History of art  
Language skills  
Military history  
Movie posters  
Postcards  
Reading  
Religious studies  
Ship recognition

Stamp collecting

### **Media & communication**

Amateur radio  
Communicating with people who are visually impaired  
Communicating with people who have a hearing impediment  
Film & video making  
Journalism  
Newsletter & magazine production  
Signalling  
Writing

### **Creative arts**

Basket making  
Boat work  
Brass rubbing  
Building catapults & trebuchets  
Cake decoration  
Camping gear making  
Candle-making  
Canoe building  
Canvas work  
Carnival/festival float construction  
Ceramics  
Clay modelling  
Crocheting  
Cross stitch  
DIY  
Dough craft  
Drawing  
Dressmaking  
Egg decorating  
Embroidery

Enamelling  
Fabric printing  
Feng Shui  
Floral decoration  
French polishing  
Furniture restoration  
Glass blowing  
Glass painting  
Interior design  
Jewellery making  
Knitting  
Lace making  
Leatherwork  
Lettering & calligraphy  
Macramé  
Marquetry  
Model construction  
Mosaic  
Painting & design  
Patchwork  
Photography  
Pottery  
Quilting  
Rope work  
Rug making  
Snack pipping  
Soft toy making  
Tatting  
Taxidermy  
Textiles  
Weaving and spinning  
Wine/beer making  
Woodwork

**Application- to be returned to Miss Carty**

We anticipate that the Bronze Award will be very popular. In the event that this programme is over-subscribed, we will look at the 'extra information' section on the application form, where students explain how they will benefit from this award. Please fill this section in very carefully!

Application to participate in the Duke of Edinburgh Bronze Award programme

**Section 1 – to be completed by the student**

Name: \_\_\_\_\_ Form: \_\_\_\_\_

What clubs/ extracurricular activities do you currently take part in within and outside of school?

What could you do for your skills section (1 hour a week for 3-6 months)?

What could you do for your physical section (1 hour a week for 3-6 months)?

What could you do for your volunteering section (1 hour a week for 3-6 months)?

Extra information. In this section, explain **why** you want to do the Duke of Edinburgh Bronze Award and **how you think you will benefit from it**. Complete this section carefully and in detail.

Signature of student: \_\_\_\_\_ Date: \_\_\_\_\_

**Section 2 – to be completed by the parent / carer**

Name of parent / carer \_\_\_\_\_

Email address: \_\_\_\_\_

Mobile number: \_\_\_\_\_

Your child's personal details: First name:		Surname:
Gender: Male <input type="checkbox"/> Female: <input type="checkbox"/>		Date of Birth:
Your child's school email address:		
Your child's school user name:		
If your child has registered for the DofE previously, please record the name of the Centre and their eDofE ID number below Centre: _____ ID number: _____		

Please indicate if your child has any of the conditions below, and provide further information.

<input type="checkbox"/>	Problems with sight or hearing	<input type="checkbox"/>	Mental health conditions
<input type="checkbox"/>	Osteoarthritis, rheumatoid arthritis, fibromyalgia or ME	<input type="checkbox"/>	Impairments due to injury to the body or brain
<input type="checkbox"/>	Any conditions which affect certain organs such as heart disease, asthma and strokes	<input type="checkbox"/>	Has or have had cancer
<input type="checkbox"/>	Learning disabilities	<input type="checkbox"/>	Multiple Sclerosis
<input type="checkbox"/>	Learning difficulties such as dyslexia and dyspraxia	<input type="checkbox"/>	Any other condition
<input type="checkbox"/>	Autistic spectrum disorders	<input type="checkbox"/>	None of these conditions

If you have indicated a medical condition above, please provide further information in the box below.

I wish my son / daughter to be considered for the Duke of Edinburgh Bronze Award. I confirm that he/she will

- Undertake between 3 and 6 months of Skill Development, Physical Activity & Volunteering
- Attend the one-day Expedition training session, the two-day practice Expedition, and the two-day assessed Expedition
- I understand that if my son/daughter does not complete the above activities then they may be asked to leave the programme.
- I understand that if my son/daughter's attitude and behaviour fall below that which is acceptable, then they may be asked to leave the programme
- I understand once my child has been accepted, any monies paid are non- refundable.

Please tick below if:

My child receives Free School Meals  I would like to be considered for financial assistance

Signed: \_\_\_\_\_ Parent / Carer Date: \_\_\_\_\_